Mary Boleyn was the daughter of Thomas Boleyn and his wife Elizabeth Howard. It is generally believed that she was born around 1499/1500 and that she was their eldest daughter, making her the older sister of Anne, George, Thomas and Henry Boleyn. She was married twice, to William Carey in 1520 and then to William Stafford in 1534, and she had two children: Catherine and Henry Carey. Mary died in July 1543.

Here are links to articles on Mary Boleyn:

Anne Boleyn and Mary Boleyn – Two Sisters
Mary Boleyn- Was she really the mistress of Francis I?
Mary Boleyn and Queen Elizabeth II
19 July 1543 – The Death of Mary Boleyn
22 June 1528 – William Carey died of sweating sickness
The Face of Mary Boleyn
New Mary Boleyn book out now!
4 February 1520 – The Marriage of Mary Boleyn and William Carey
Mary Boleyn and Henry VIII – by Amy Licence
Mary Boleyn and Henry VIII – by Claire Ridgway
Anne Boleyn's Family Part One – The Boleyns
Mary Boleyn: A Reassessment by Conor Byrne
Mary Boleyn – One Big Boleyn Myth
The Faces of Thomas Boleyn and Mary Boleyn?
Mary Boleyn the Unknown Sister – Birth by Sarah Bryson
Mary Boleyn the Unknown Sister – Childhood and Education by Sarah Bryson
Mary Boleyn the Unknown Sister – Personality and Appearance by Sarah Bryson
Mary Boleyn the Unknown Sister – France by Sarah Bryson
Mary Boleyn the Unknown Sister – Fathers and Fertility by Sarah Bryson
Mary Boleyn the Unknown Sister – Religion by Sarah Bryson
Mary Boleyn the Unknown Sister – From Widowhood to William Stafford by Sarah Bryson
Mary Boleyn: The Unknown Sister – The Fall of the Boleyns by Sarah Bryson
Mary Boleyn: The Unknown Sister – Until the End by Sarah Bryson
Anne Boleyn and the Other Boleyn Girl
Mary Boleyn Part One
Mary Boleyn Part Two – The King's Children?
Mary Boleyn Part Three – 1526 – 1543

Mary Boleyn's Children – Catherine and Henry Carey

Mary Boleyn had two surviving children: Catherine, who was born in around 1524, and Henry, who was born in 1526. Controversy surrounds their paternity, with some people believing that one or both of the Carey children were fathered by King Henry VIII. Both Catherine and Henry were close to their cousin, Elizabeth I, serving her loyally.

23 July 1596 – The Death of Henry Carey, 1st Baron Hunsdon, son of Mary Boleyn

Cor Rotto: A Novel of Catherine Carey Book Tour Final Day – Life in Exile
Cor Rotto: A Novel of Catherine Carey Book Tour Day 6 – The Cor Rotto Letter
Cor Rotto: A Novel of Catherine Carey Book Tour Day 2 – The Knollys Children
Cor Rotto: A Novel of Catherine Carey Book Tour Day 1 – Catherine Carey’s Early Life
Catherine Knollys and the Gentleman Pensioners of Henry VIII: The Reinstatement of the Spears
A Portrait and A Gentleman: The Portrait of Catherine Knollys, and the Gentlemen Pensioners of Henry VIII

4 March 1526 – Birth of Henry Carey, 1st Baron Hunsdon, son of Mary Boleyn
15 January 1569 – Death of Lady Catherine Knollys (nee Carey)

Further Reading

Mary Boleyn: In a Nutshell by Sarah Bryson

Mary Boleyn: The Mistress of Kings (also published as Mary Boleyn: The Great and Infamous Whore) by Alison Weir

Mary Boleyn: The True Story of Henry VIII's Favourite Mistress by Josephine Wilkinson

The Boleyns by David Loades
Catherine Carey: *In a Nutshell* by Adrienne Dillard

*Lady Katherine Knollys: The Unacknowledged Daughter of King Henry VIII* by Sarah-Beth Watkins